

YMCA CAMP FULLER SAILING ASSOCIATION

Beginner Sailing Test

* * *

Name: _____ Instructor: _____

Part 1: Please list 5 safety rules at sailing.

1. _____
2. _____
3. _____
4. _____
5. _____

Part 2: Please provide the definitions for the following sailing terms.

Bow: _____

Painter: _____

Port: _____

Starboard: _____

Shrouds: _____

Gooseneck: _____

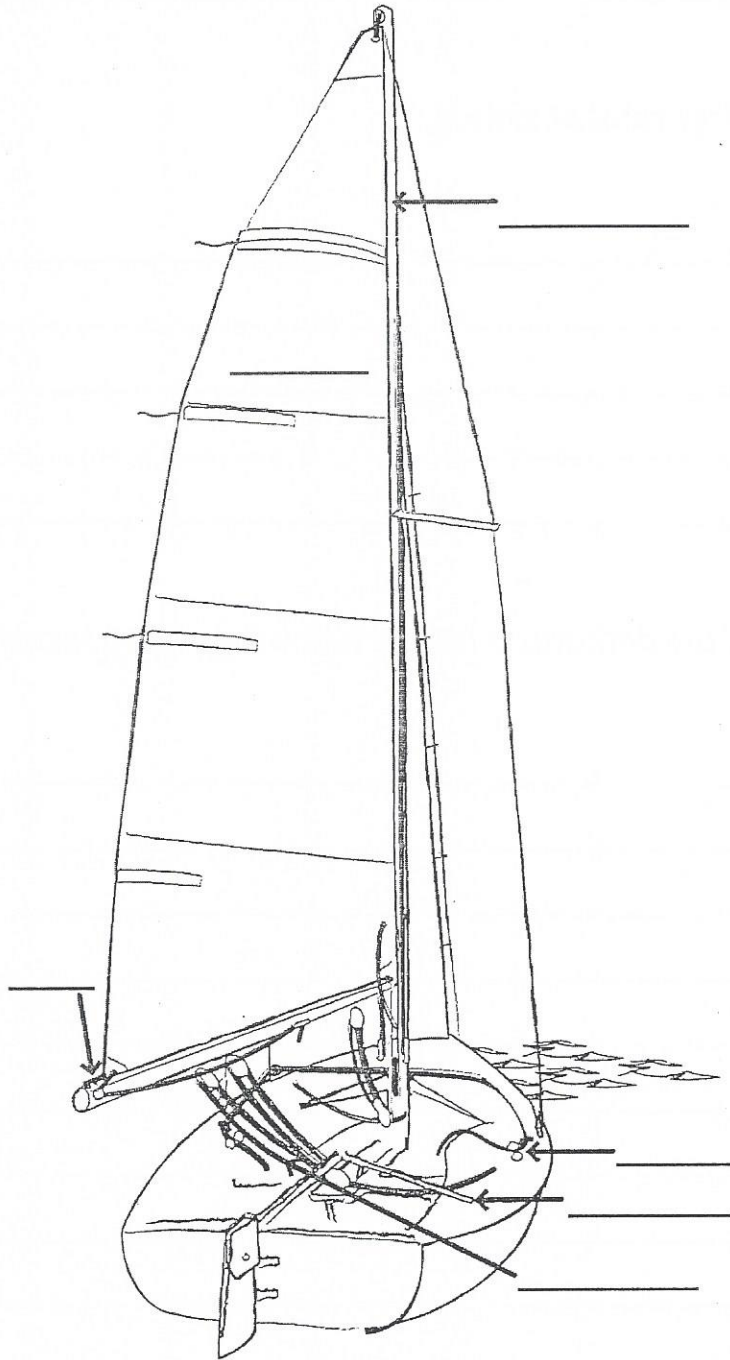
Cockpit: _____

Mainsheet: _____

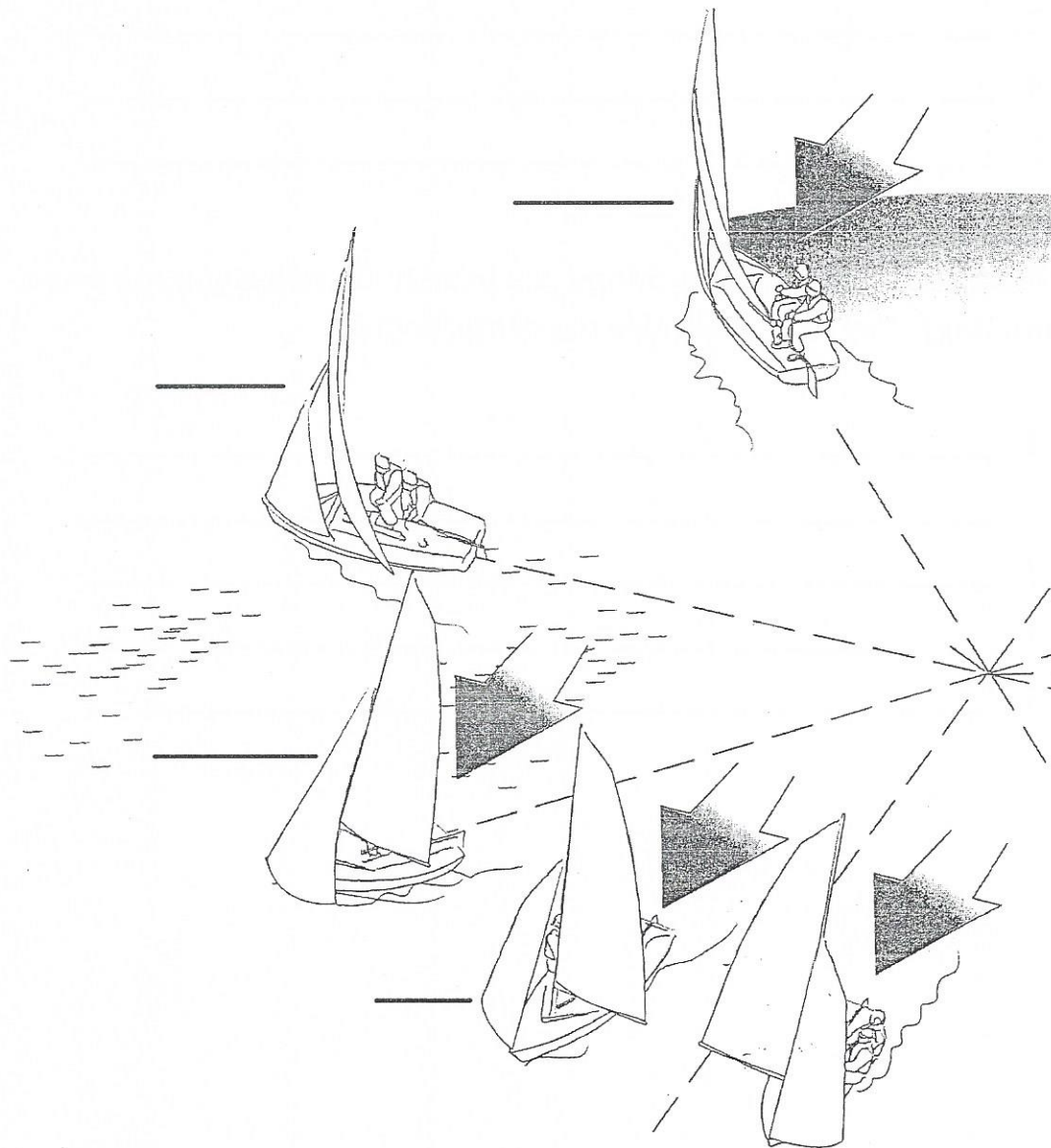
Jib Sail: _____

Stern: _____

Part 3: Label the parts indicated by the blank lines.



Part 6: Please label the points of sail on the diagram below.



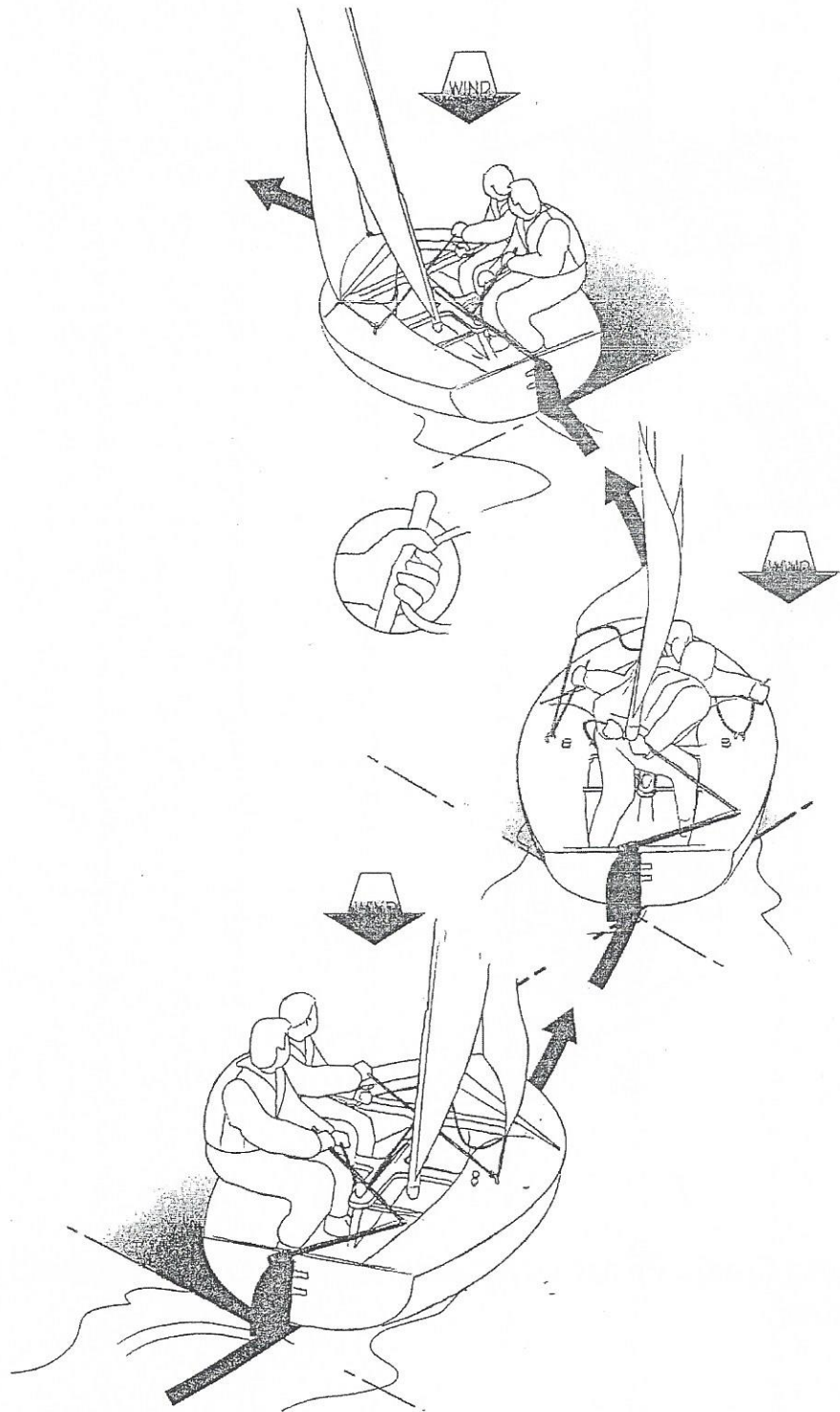
Part 4: Please list or explain five things you have to do before being able to sail (rigging). For example: lower the centerboard.

1. _____
2. _____
3. _____
4. _____
5. _____

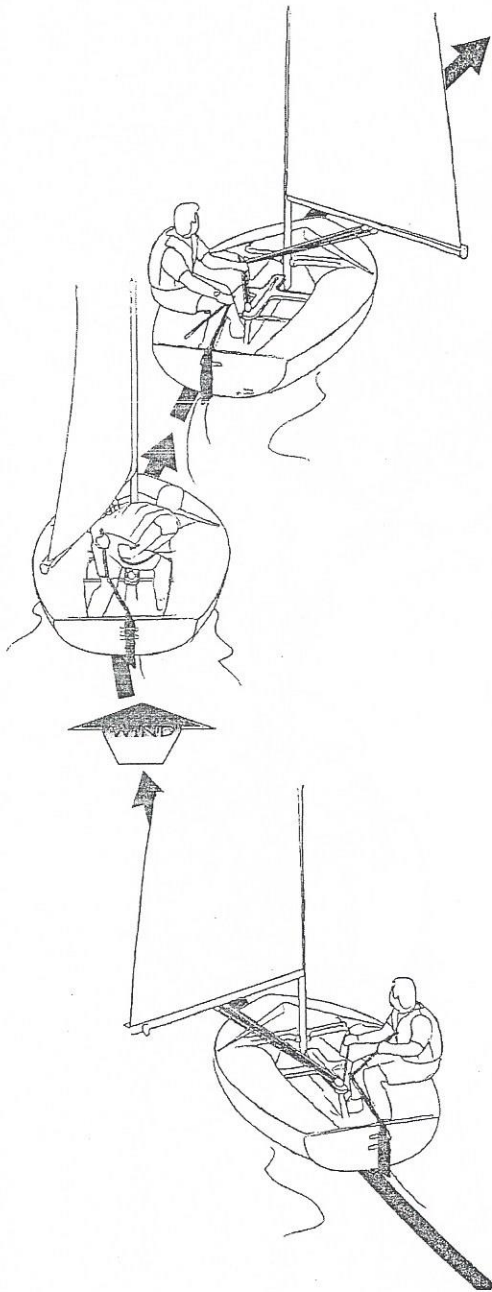
Part 5: Please list or explain five things you have to do when you are done sailing (stowing). For example: raise the centerboard.

1. _____
2. _____
3. _____
4. _____
5. _____

Part 7: Please explain the procedure for tacking a sailboat. You may use the diagram provided to help with your explanation.



Part 8: Please explain the procedure for gybing a sailboat. You may use the diagram provided to help with your explanation.



Extra Credit: Please write down the names of four members of sailing staff below.